

Waves *for the* World

"you only leave home when home won't let you stay..."

Warsan Shire

Saturday 11th May 2019

2.30 - 5.00 pm

Kelvinside-Hillhead Church Hall, Observatory Road, Glasgow G12 9AG

5 Rhythms® Dance and Yoga

with Angela & Morag in aid of Refugee Survival Trust

Supporting those who are driven to seek a new home in Scotland we will dance the 5 Rhythms® Waves with Angela, preparing ourselves with a short heart-opening Yoga sequence with Morag.

Invite your friends to come and share the dance or sponsor you!
Donation £10 or whatever you can.

Refugees are warmly welcome to come for free!



For more information, please contact Angela Lord on:

07977 762 604

angela@dancesweetfreedom.co.uk

Dance the Rhythms Support the Refugees

Thank you to Morag of www.ecrudesign.com and to Kelvinside-Hillhead Church for their generous support with this event!

Sponsorship and Gift Aid declaration form

Please sponsor me

(name of participant) _____

To Dance Waves for the World Saturday 11th May 2019 In aid of Refugee Survival Trust (Registered Scottish Charity SCO24328)

If I have ticked the box headed 'Gift Aid? ', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or Community Amateur Sports Club (CASC) named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Remember: You must provide your full name, home address, postcode & Gift Aid for the charity or CASC to claim tax back on your donation.

Sponsor's Full Name (First name & surname)	Sponsor's Home address including postcode. (Only needed if you are Gift Aiding your donation. Don't give your work address if you are Gift Aiding your donation.)	Donation Amount £	Date Paid	Gift Aid?

RST

Refugee
Survival
Trust

Total donations received	
Total Gift Aid donations	
Date donations given to Charity or CASC	

